

Registration Options:

Online: www.righthandtherapy.com

Phone: 603-821-0544

Mail Sign Up Form: please contact RHT to reserve your spot after sending in this form!

Name: _____

Credentials: _____

Email: _____

Phone: _____

Address: _____

Course Registration:

- Orthotic Fabrication Course (live) \$300

Form of payment (circle one): check credit card
Please make checks payable to **“Right Hand Therapy”**

Credit Card #: _____

CVV: _____

Expiration Date: _____

Zip code: _____

Please charge my credit card: \$ _____

Signature: _____

Please mail form and payment to:



Right Hand Therapy
P.O. Box 1114
Merrimack, NH 03054

Additional Information:



For additional course information please contact:

Lisa Owen, MS, OTR/L, CLT, CHT
Owner of Right Hand Therapy, LLC

lisa@righthandtherapy.com
Phone: (603) 821-0544

Right Hand Therapy
P.O. Box 1114
Merrimack, NH 03054

www.righthandtherapy.com



American
Occupational Therapy
Association
Approved Provider

Right Hand Therapy is an
AOTA Approved Provider
of professional

development. PD activity approval ID# 04066. This live activity is offered at 0.8 CEUs, intermediate level, OT service delivery. AOTA does not endorse specific course content, products, or clinical procedures.

Cancellation Policy:

Right Hand Therapy reserves the right to cancel a live workshop with fewer than 12 participants and will return all payments. Participants must also notify Right Hand Therapy regarding cancellation of registration no less than 20 days prior to the live course for a partial refund (less \$75.00 cancellation fee.) No refunds will be provided after this deadline.

Ascension St. Mary's Hand Center

is hosting an:



Orthotic Fabrication Course

Saturday, April 30, 2022
8:00am – 5:00pm

Ascension St. Mary's Spine & Rehabilitation

4901 Towne Centre, Suite 300
Saginaw, MI 48604

Live (in person) Orthotic Fabrication Course

April 30, 2022 | Saginaw, MI

Cost: \$300 per participant (materials included)

CEUs: 8 contact hours/0.8 AOTA CEUs

Instructor: Kristy Kriedler, OTR/L, CHT

Target Audience: OTs, COTAs, PTs, PTAs, and CHTs working with an upper extremity client caseload and possessing intermediate orthotic fabrication skills. Beginner and advanced practitioners also welcome!

This one-day course will focus on orthotic management of specific conditions of the forearm, wrist and fingers including distal radial ulnar (DRUJ) instability, extensor carpi ulnaris (ECU) instability, limited wrist ROM, and ligamentous tightness or laxity. The format of this course will include interactive discussions regarding appropriate anatomy, pathophysiology, orthotic application, and clinical reasoning in support of orthotic design. This course is geared toward intermediate level learners; however, participants of all levels are welcome and will be supported as needed. All materials required for fabrication are included in the cost and will be provided at the course. The host will provide lunch during a one-hour break provided at noon. Please reach out with any specific dietary needs or concerns.

By registering for this course all participants agree to adhere to all COVID-19 policies set forth by the host facility. Due to the fluid nature of the pandemic, these policies may change and will be communicated via the Right Hand Therapy website and via email communication prior to the course. Please refer to our **Cancellation Policy** for additional details.

Instructor:

Kristy Kriedler, OTR/L, CHT

Lead Hand Therapist

Crystal Clinic Orthopedic Center, Akron, OH



Kristy is a 1996 graduate of the Ohio State University with a BS in Occupational Therapy. She obtained her Certified Hand therapist designation in 2002 from HTCC. She has worked in upper extremity rehab for 25 years in various locations throughout Ohio and California. In 2016 Kristy was granted a US utility patent for the Ulnar Booster™ wrist orthosis for mid-carpal instability and ulnar-sided wrist pain. She has a strong interest in carpal kinematics and wrist rehabilitation as well as in educating her patients in a way to make their situation understandable. She has presented on hand therapy and modalities for the ASHT CHT prep course as well for multiple Ohio State Occupational Therapy conferences. She was awarded the Ohio Occupational therapy “Model Practice award” in 2020. Kristy has 2 children, Caden and Kinley, and is an avid Ohio State Buckeye fan.



Learning Objectives:

Upon completion of this course, participants will be able to:

1. Assess various splint materials available for orthotic management.
2. Determine conditions and impairments of the forearm, wrist and fingers that would benefit from orthotic management, i.e. DRUJ instability, to support engagement in meaningful occupations.
3. Demonstrate fabrication of 7 custom orthoses for the forearm, wrist and fingers.

Learning outcomes will be assessed during hands-on lab sessions via observation and demonstration of skills. A certificate of attendance will be issued to all attendees participating in the full program to meet CEU requirements.



Topics Covered:

Orthoses will include the following:

- Muenster or modified muenster orthosis
- DRUJ/ECU stabilization orthosis
- DRUJ cuff orthosis
- Static progressive wrist flexion/extension orthosis
- Static progressive ORL stretch
- PIP serial cast
- Custom anti-ulnar deviation

In order to receive a certificate, participants must demonstrate fabrication of each of the orthoses in the program.